



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cheese Ravioli with Marinara Sauce Or Chicken Tender with Ketchup Breadstick Roasted Acorn Squash Steamed Broccoli	2 Chicken Quesadilla Or Beef Burger on Whole Wheat Bun Roasted Cauliflower Fresh Sliced Cucumber	3 Fresh Baked Cheese or Pepperoni Pizza (P) Or Hot Dog on Whole Wheat Bun Green Beans Red Peppers Strips
6 Chicken Penne Pasta Alfredo Garlic Toast Or Beef Burger on Whole Wheat Bun Roasted Zucchini Baby Carrots	7 Waffles Chicken Sausage Syrup Or Chicken Patty on Whole Wheat Bun Mexicali Corn Red Peppers Strips	8 Vegetarian Chili & Baked Potato Topped with Cheddar Cheese Corn Muffin Or Hot Dog on Whole Wheat Bun Green Beans Celery Sticks	9 Chicken Tender Brown Rice Bowl Or Beef Quesadilla Steamed Broccoli Garbanzo Beans	10 Fresh Baked Cheese or Pepperoni Pizza (P) Or Beef Burger on Whole Wheat Bun Pinto Beans Mix Green Salad
13 BBQ Chicken Macaroni and Cheese Biscuit Or Beef Burger on Whole Wheat Bun Baked Beans Fresh Tomatoes Wedges	14 French Toast Chicken Sausage Syrup Or Cheese Panini Tater Tots Sweet Potato Wedges	15 Chicken Bowl with Cauliflower, Potato and Cheese Sauce Or Hot Dog on Whole Wheat Bun Fresh Roasted Carrots Celery Sticks	16 Fish Tacos with Lettuce, Cheese, and Salsa Brown Rice Or Chicken Patty on Whole Wheat Bun Broccoli Baby Carrots	17 Fresh Baked Cheese or Pepperoni Pizza (P) Or Beef Cheeseburger on Whole Wheat Bun Coleslaw Fresh Sliced Cucumber
20 Winter Recess 	21 Winter Recess 	22 Winter Recess 	23 Winter Recess 	24 Winter Recess 
27 Chicken Nuggets Biscuit Or Hot Dog on Whole Wheat Bun Mashed Potato Fresh Broccoli	28 Beef Meatballs Spaghetti with Marinara Sauce Or Cheddar Flatbread Melt Roasted Cauliflower Red Peppers Strips			Student Lunch \$3.25 Adult Lunch \$5.50 (includes tax)

All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White and Bread/Grain (All grains served are whole grain) Vegetables (3/4 cup) and Fruit choices rotate daily between apples, oranges and bananas.

Available Every Day

Bagel with Cheese Stick offered as a Complete Meal, including vegetable, fruit and milk
Sun Butter and Jelly on Whole Wheat Bread as a Complete Meal

[Click here](#) to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.

A Gluten Free Meal is available with 1 day notification

If you have any questions/concerns regarding this menu or there are special dietary needs, please email gloria.estrada@irvingtonschool.org

* items contain Milk or Soy

***items with a (P) may contain pork. This Institution is an equal opportunity employer and provider

